# **PORTABLE HYDROGEN INHALATION DEVICE**

## **INSTRUCTION MANUAL**

Thank you for choosing the PHID (Portable Hydrogen Inhalation Device).

#### Your package includes:

Portable Hydrogen Inhalation Device **Charging Cable** Electrolyte Mixture (5) Flavor Cartridge (if purchased)

#### **SETTING UP THE PHID**



- 1. Charge the device for several hours. Use a standard USB connection to charge. The device must be unplugged for the unit to operate properly. [Power adapter/plug not included]
- 2. Pull off the black top.
- 3. Pull out the clear electrolyte housing.
- 4. If you plan to use a flavor cartridge, remove the black rod. Unscrew to loosen.

























You have successfully completed the setup of the PHID.

- 5. Pull the white clip off the electrolyte liquid.
- 6. Pull off the tank top.
- 7. Take the electrolyte liquid and twist off the top. Your unit comes with a pack of five.
- 8. Pour the entire liquid contents into the electrolyte housing.
- 9. Push the top back onto the electrolyte tank. Make sure it is fully pushed in.
- 10. Push the electrolyte tank back into the PHID. Make sure you insert properly.
- 11. If using a flavor cartridge, insert it where the black rod would go and twist to secure.
- 12. Push on the black cap to the PHID.



#### **USING THE PHID**





1. Press the Power button quickly three times to turn on the unit. The power light will turn light blue. To begin the hydrogen production hold down the power button. The area with electrolyte liquid will turn blue.

Keep the unit upright when

- 2. Put your mouth on the black outlet and inhale the hydrogen. The breathing technique will be similar to drinking from a straw.
- 3. For continuous production so you don't have to hold down the power button, click the power button twice. It will turn orange.
- 4. To use a flavor cartridge (if installed), toggle the Flavor switch.



You have successfully used the PHIB device. To power off the unit press the power button quickly three times.

### Notes about use

For this device to produce hydrogen properly, make sure to keep the unit upright while you're using it. Tilting it too far on its side will cause the unit to stop producing hydrogen.



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